

Life Group Notes

These notes are to serve you as you lead your group.

*Please feel free to select the passages and **only use the questions which are most relevant to your group** and for the way you want to lead the session. (There are more questions here than you'll need)*

- *Please choose (or adapt) the questions which you believe will **bring about the most honest, faith-building and life changing conversations**, and add others if you want to.*
- *The readings and questions develop from one section to the next. Please **take time to move through the ones you want to use, giving time for discussion and sharing - ideally leading to a response to God's word.***

Life Group Notes

Theme: Saying Yes

Saying 'Yes' to Becoming Wholehearted

How often are we distracted / not fully present, or are trying to give ourselves to two things at once? Helen Roberts used this experience to help us see how we can be 'part-hearted' towards Jesus too; partly following him, and partly not doing so.

Setting the scene

1. **How do you relate to Helen's examples of not being fully present?**
2. **Do you have examples of your own?**

Read Luke 18:18-30

3. **What do you notice about the man's initial greeting to Jesus?**
4. **The man seems like a good man, who has worked hard to follow God's laws. In what ways do you identify with him (or not) in his approach to God?**

Note - this could be quite a personal question for some, who may feel that the man is hard done by, or feel sorry for him. Yet his response shows that he has done the right thing in many circumstances, but has also missed the 'greater thing' of trusting God fully. Some may be helped to know that Jesus' response is made out of love (see Mark 10:21).

5. **How does the invitation to give up everything and follow Jesus challenge the man to go deeper and to trust God like he never has before?**

Note - Jesus' invitation is to trust him with EVERYTHING, especially including areas of our lives which represent our security. Think about Jesus' invitation to his disciples. All of them needed to let go of things that provided security for them (fishing boats, tax collection booth etc)

6. **What is being highlighted for you now, as you listen to Jesus' speak to you about trusting and following him.**

Note - Help your group to reflect personally, not just to give views about the bible story. It may help to pause and take a moment to listen to God together. Below are two more challenging questions.

7. **Jesus' invitation is to let go of the things that help us feel in control (or worry about) and trust him. What are you trying to control?**
8. **What will trusting God in those areas look like for you?**
9. **Will you say 'yes' to becoming wholehearted?**